

# MEDICATION (INCLUDING HERBAL COMPOUNDS) TO AVOID BEFORE PROCEDURES

Aspirin and aspirin related products (NSAIDs) inactivate components within the blood which otherwise function to promote clotting. When these blood components malfunction, significant bleeding and/or bruising may complicate simple tissue injuries that would otherwise readily heal. For this reason, NSAIDs **should not be taken for at least two weeks BEFORE AND two weeks AFTER surgery, and two weeks before any injection procedure (Botox, Perlane, Sculptra, etc.)** For your reference, listed below are medications that contain NSAIDs:

Actron	Daypro	Naprosyn
Advil	Disalcid	Norgesic
Aleve	Doan's	Nuprin
Alka- Seltzer	Dolobid	Pediacare Fever
Amigesic	Dristan	Percodan
Anacin	Duragesic	Percogesic
Anaflex 750	Ecotrin	Pabirin Buffered Tabs
Anahist	Emprizil	Panalgesic
Anaprox	Empirin compound	Pepto-Bismol
A.P.C.	Equagesic	Persistin
Arthropan	Excedrin	Ponstel
Ascodeen-30	4 - Way Cold Tablets	Robaxisal
Ascriptin	Feldene	Salflex
Aspirin	Fiorinal	Salsitab
Bayer Aspirin	Goody's Pain Reliever	Stan Back
BC Powder	Ibuprofen	Sine-Off
Bextra	Indocin	SK-65 Compound Caps
Bromo-Seltzer	Inhistine	Stendine
Buff-A-Comp	Liquiprin	Stero-Darvon with ASA
Buffadyne	Lodine	Supac
Bufferin	Magan	Synalgos - DC
Cataflam	Marthritic	Tolectin
Celebrex	Measurine	Tricosal
Cheracol Capsules	Meclomen	Trilisate
Clinoril	Midol	Vanquish
Congespirin	Mobic	Vioxx
Cope	Mobidin	Voltaren
Coricidin	Mobogesic	YSP Aspirin Capsule
Darvon compound	Monacet with Codeine	Zomax
	Motrin	

Many headache preparations, cold remedies, and "hangover cures" contain aspirin (acetylsalicylic acid). For headache, menstrual cramps, or other aches, **you may take Tylenol.**

Ingredients within the following may cause serious problems in the perioperative period. The following **MUST NOT** be taken for at least **two weeks** prior to any surgical procedure: (Please discuss with your physician.)

## HERBAL SUPPLEMENTS

St. John's Wort	Kava Kava	Vitamin E	Licorice Root
Valerian Root	Ginko Biloba	Ginseng	Fish Oil
Omega 3			

## BLOOD THINNERS, APPETITE SUPPRESSANTS, & DIET PILLS

Adipex	Adipost	Bontril PDM	Bontril Slow-Release	Coumadin	Didrex
Elmorin	Fastin	Heparin	Ionamin	Mazanor	Melfiat
Obenix	Obezine	Phendiet	Phendiet-105	Phenterco	Phentrid
Plegine	Prelu	Profast	PT-105	Sanorex	Tenuate
Tenuate	Dospan	Tepanil	Ten-Tab	Teramine	Zantryl